

Monday

Discuss the DVD

1. If you have more than one child in your family, what are the things that they fight about most?
2. What are the specific techniques kids use to ramp up the battle between them?
3. How does learning that fighting is an act of cooperation (it takes two) change your perspective on how to respond to sibling rivalry? In what practical ways can you keep the ball of responsibility firmly in the squabbling children's court?
4. When do kids tend to have major meltdowns, like the four-year-old in the scene on the DVD who decided he wanted a treat?

10. What proof do you see in your own children that they are creatures of habit? (For example, some night when you're tucking in one of your children, just leave out one part of the routine and watch your kid turn into Judge Judy: "Mommy, you forgot to rub my chin with my blankie. . .") How might you use that truth of human nature in forming your game plan of having a new kid by Friday?

Parent, it's time for you to step up to the plate. Your child needs to know that you mean business—what you say is what you will do. You will not be dissed, and if you are, there will be consequences. Immediate consequences. And you will not be talked out of them.

Today's children need guidance. They need accountability. They need to be taught that there are consequences for their actions (or their inactions).

Remember

- Kids do what they do because they've gotten away with it.
- When you choose to do battle with your child, you'll never win.
- Say it once, turn your back, and walk away.

My Game Plan for Today

1. Observe what's going on in my house.

My notes:

Monday

2. Think about things that I want to change.

My notes:

3. Decide to take the bull by the horns.

My ideas:

4. Expect great things to happen.

My dreams:

Aha Moments

Prayer

- For the courage to step up and be a parent, even when it's difficult.
- For the reminder not to follow my feelings (guilt, anger, etc.) but to choose my actions wisely.
- For my group members, as we uphold each other in accountability.